

Patient Name:

DOB:

MRN:

**Upper GI Endoscopy Prep Instructions**

**Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**DO NOT TAKE THE FOLLOWING MEDICATIONS FOR 7 DAYS PRIOR TO YOUR PROCEDURE:**

Heparin or Coumadin (blood thinners)

Iron or Vitamins with Iron

Aspirin or products containing aspirin

Anti-inflammatory or arthritis medications

Ibuprofen, Aleve, Vioxx, Celebrex, or lndocin

You may take Tylenol for pain or headache

1. Beginning at midnight the morning of your procedure (i.e the time between midnight and 2 hours prior to your arrival time), you may have a clear liquid diet. Clear liquids include water, apple juice, sprite, 7-up, Jello-o or anything you can hold up to the light and see through. No solid food, No milk products. No chewing tobacco, hard candy, gum cough drop etc.
2. Stop all clear liquids 2 hours prior to your scheduled arrival time
3. Arrive at the front desk of Sheridan Memorial Hospital at the time designated a few days prior.
4. You must have someone to drive you home following the procedure.

**If you have any questions regarding your prep or home medications, please contact  
Big Horn Surgical at 307.673.3181.**

**If you need to cancel or reschedule your procedure, please contact Big Horn Surgical at 307.673.3181.**

**If you have questions about your procedure or need your arrival time, please call the Endoscopy  
department at 307.672.1128 or Outpatient Surgery at 307.672.1107.**